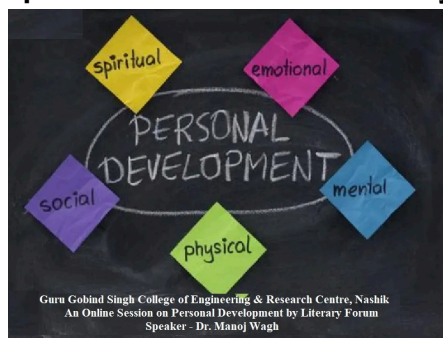




Guru Gobind Singh College of Engineering & Research Centre, Nashik
Academic Year [2023-24]

Personal Development - An Online Session by Literary Forum



Date: 9th March, 2024

Event Schedule:

Date	Time	Description
09 Mar 2024	10:30 AM - 12:00 PM	

Dear All,

Date - 09/03/2024

Time - 10.30 am

Venue - Online Mode

Learning Objectives

1. Get to know about high levels of self concept and low levels of self concept.
2. To be able to focus on strengths rather than weakness.

Learning Outcomes

1. Able to perform SWOT Analysis
2. Identify ones own potential.

PO's Mapped

PO6, PO7, PO9, PO10

Personality development is the improvement of behavioral characters such as communication skills, interpersonal relationships, attitude towards life and restoring our morals.

Name : Dr. Manoj Wagh

2. Educational Qualifications: D.I.E., B.E., M.A. Ph.D.(Political Science)
3. Work Experience: Total Experience 17 years.
4. Editor of journal Rights, Law and constitution studies

Number of Students present -23

Warm-Up

Quick Quiz For each pair of adjectives, rate yourself on a scale from 1 to 5. For example, if cautious describes you perfectly, pick 1. If adventurous is perfect, pick 5. Otherwise, pick 2, 3, or 4.

Cautious	1 2 3 4 5	Adventurous
Outgoing	1 2 3 4 5	Shy
Calm	1 2 3 4 5	Anxious
Suspicious	1 2 3 4 5	Trusting
Excitable	1 2 3 4 5	Even-tempered

WRITING Use an example from your life to support the rating you chose for one of the adjective pairs.

[Switch to QuickTake version of the quiz.](#)

